

# Soluti<sup>n</sup>foru

(Findings of a Beauty Therapist and Make Up Artist of over 20 years.)

## **THE SKIN IS THE LARGEST ORGAN OF THE BODY.**

**Toxic Chemicals used on the skin are absorbed into our systems and stored in fatty tissues.**

- The **SKIN** is a known carrier, rather than a barrier for many ingredients and toxins.
- Toxic chemicals that the liver cannot handle are stored in our fatty tissues
- Women who stay at home and don't go to work have 40% more carcinogenic toxins in their bloodstream than those women that go out to work.
- Women have 40% more toxins in their bloodstream than men. The average woman unsuspectingly exposes herself 139 times a week to carcinogens and suspected carcinogens from the use of body care, skin care, cosmetics, and perfumes compared to men that are exposed 63 times a week.
- Many skin care, body care, and cosmetic's products in the general market place today that are known to have potentially harmful ingredients in them have **not ever been tested** by the manufactures of these when used in conjunction with toxins from other products. This is the challenge, many appear safe on their own but there is no check on which ones are safe when mixed together.
- We potentially expose ourselves to a greater risk with a chemical cocktail mix
- **TALC** is the main hazardous ingredient in make-up bases, pressed or loose powders, eyeliners, mascara, blushes, eye shadows etc. Don't breathe it; it's a chemical formula so similar to that of asbestos, that it could be its twin. Talc is linked to ovarian cancer, yet we rub it on our babies and ourselves.
- We just might think twice whether that expensive anti-aging cream all beautifully presented in its shiny gift box is really a gift? Will this choice really do us justice next time we reach for anything to save our youth because it looks good it must be good?
- Women who use lipstick twice a day ingest up to 20 kilo's of this in their lifetime. **LIPSTICKS** contain BHA (gets stored in our body tissues) sodium, saccharin; some have quite high levels of lead, titanium, aluminum and artificial colouring!
- Most **SKINCARE** creams, moisturisers, cleansers, body washes, wrinkle creams contain  
Propylene glycol, glycerin, peg, isopropanol, DEA, TEA, coal tar, formaldehyde, lanolin, mineral oil.

One example: isopropanol (isopropyl alcohol) causes DNA damage at the cellular level, promotes aging of the skin by changing the genetic composition of the skin cells, causing skin surface breakdown of collagen and elastin, (which support our skin to look youthful), dehydrate and strip any moisture within the skin cell, hence leaving a dry, wrinkled, prune like appearance causing more skin sensitivity problems. Once the skin has been stripped of its natural PH barrier then again the skin is exposed to further dehydration, free radical damage, skin infections and bacteria This bacteria is what teenage and adult acne thrive on.

- Women in their **PREGNANCY** if using perfumes or any products on their skin that have harmful ingredients in them pass onto their unborn child concentrated forms of these ingredients that may not affect the mother but certainly can damage the normal development of the baby (Sometimes this may not show up in their health until they are in their early twenties)